

Quebec's Far North

NUNAVIK

ᑎᓄᓐᓂᑦ

AN AUTHENTIC INUIT ADVENTURE!

CULTURE & TRADITIONS

*The legendary hospitality
of the Inuit*

ARCTIC WILDLIFE

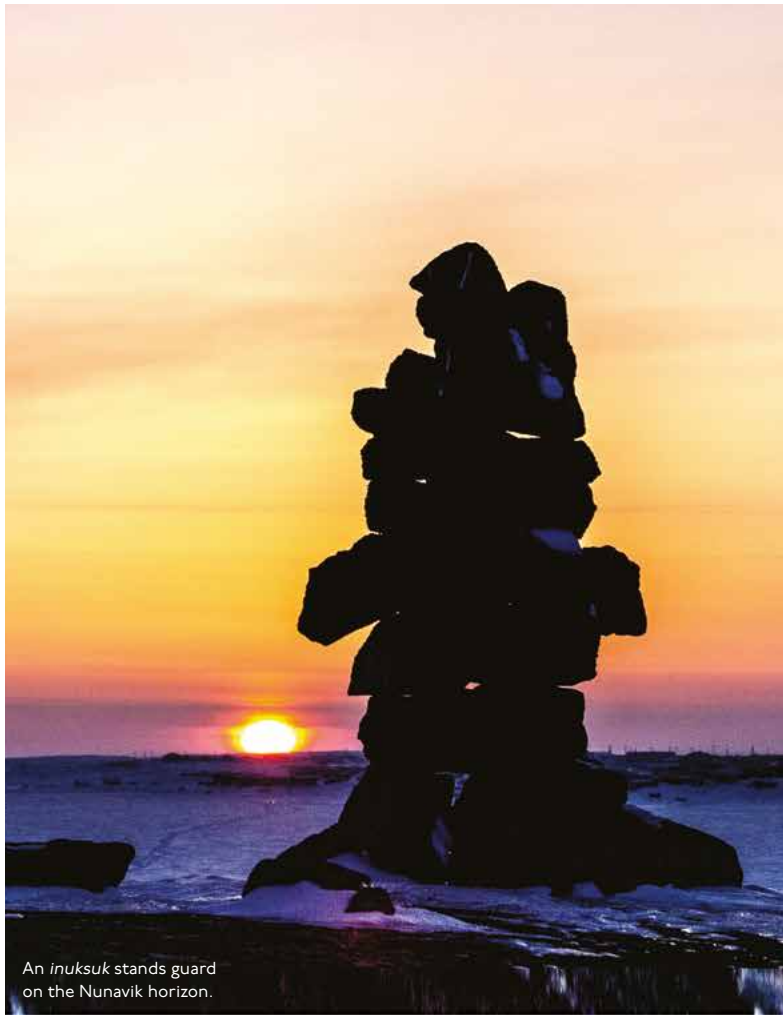
*Polar bears, caribou
and more*

NATIONAL PARKS

Nature in all its glory

AND MORE...

*Fishing, Northern
lights, the magic of
the Far North!*



An inuksuk stands guard on the Nunavik horizon.

© Heiko Wittenborn



SUMMARY

06 JOURNEY TO NUNAVIK

Go further, dream bigger

08 MEET THE INUIT!

An age-old culture, a warm welcome

13 NORTHERN LIGHTS

Under a heavenly glow

14 NUNAVIK'S INCREDIBLE WILDLIFE

Front-row tickets to a wild world

18 FISHING IN NUNAVIK

An angler's dream!

20 NUNAVIK NATIONAL PARKS

Nature in all its glory

USEFUL ADDRESSES

FOR INFORMATION NUNAVIK TOURISM

Tel: +1-819-964-2876 or 1-855-NUNAVIK (toll free from Canada and the U.S.)
www.nunavik-tourism.com

GETTING THERE AND AROUND CANADIAN NORTH

Tel: +1-613-254-6202 or 1-800-267-1247 (toll free from Canada and the U.S.)
www.canadiannorth.com

AIR INUIT

Tel: +1-514-905-9445 or 1-800-361-2965 (toll free from Canada and the U.S.)
www.airinuit.com

LODGING NUNAVIK CO-OP HOTELS

Tel: +1-514-457-3294 or 1-866-336-2667 (toll free from Canada and the U.S.)
www.nunavikhotels.ca

KUUJUAQ INN

Tel: +1-819-964-2903
www.kuujuuaqinn.com

IQALUPPIK HOTEL

Tel: +1-819-633-5414
iqaluppihotel@gmail.com

KANGISUJUAQ INN

Tel: +1-819-338-3232
manager@kangisujuaqinn.ca

DISCOVER EXPLORE NUNAVIK PARKS

Tel: +1-819-964-2961 ou 1-877-964-2961 (toll free from Canada and the U.S.) ext. 2411 or 2333
 Reservations: +1-514-457-2236 or 1-844-NUNAVIK
www.nunavikparks.ca

PINGUALUIT NATIONAL PARK

Tel: +1-819-338-3282
www.nunavikparks.ca/en/parks/pingualuit

KUURURJUAQ NATIONAL PARK

Tel: +1-819-337-5454
www.nunavikparks.ca/en/parks/kuururjuaq

TURSUJUAQ NATIONAL PARK

Tel: +1-819-331-5454
www.nunavikparks.ca/en/parks/tursujuq

INUIT ADVENTURES

Tel: +1-514-457-3319 or 1-855-657-3319 (toll free from Canada and the U.S.)
www.inuitadventures.com

Quebec's Far North
NUNAVIK
 ᓄᓇᓴᓴ

Excerpt from Québec Le Mag
 Not for sale.

General Coordination
 Project Manager
 Audrey Lorans-Garbay
audrey@quebeclemag.com

Chief Writer
 David Lang
redaction@quebeclemag.com

Artistic Direction
 & Graphic Design
 Grand National Studio
hello@grandnationalstudio.com

Cover photograph
 © Isabelle Dubois

In collaboration with
 Nunavik Tourism:
 Tel: +1-819-964-2876
 or 1-855-NUNAVIK (toll free
 from Canada and the U.S.)
www.tourisme-nunavik.com

Marketing & Media Relations
 Coordinator
 Isabelle Dubois
isabelle@nunavik-tourism.com

Printing
 Imprimerie Vidonne
 Fontaine-les-Dijon (21 000)

Translation
 Kavita Guttoo Juggernaut
www.merryfrogs.com

A dream getaway to Inuit lands

NUNAVIK

Looking for an absolute escape? Nunavik is everything you are dreaming of: endless untouched expanses of land with no road links, seas and mountains promising unique adventures in the wilderness, friendly encounters with the guardians of an Indigenous culture dating back millennia... Welcome to Nunavik, Quebec's Far North! Read on to discover why this "land of infinite spaces" or "great land to live in" as it is called in Inuktitut, the language of the Inuit, is aptly named. And why coming to Nunavik should definitely be on your bucket list.

WORDS *David Lang*

The dogsled is an ancestral mode of transportation still used by the Inuit for the sheer fun of travelling in harmony with nature.



Inuksuk overlooking the northern village of Kangiqsujuaq.

© Heiko Wittenborn

Go further, dream bigger...

JOURNEY TO NUNAVIK!

Nestled in the northern reaches of Quebec, shielded by its climate, blessed with breathtaking landscapes, wildlife bigger than life and welcoming inhabitants, Nunavik is the land of legends and epic adventures. Despite the apparent distance, the Far North is, with careful planning, well within everyone's reach nowadays. Let's get prepped for a voyage of discovery up North!

First let's draw a mental picture of Nunavik... Imagine an expanse bigger than Spain beyond the 55th parallel, far up north. Surrounded by icy seas, this vast land is covered with tundra, and isn't crisscrossed by any road or railroad. Set widely apart from one another, fourteen villages attest of mankind's incredible adaptability to this outlandish environment. Together, these villages account for a total population of just over 12,000. Nunavik, the faraway land of the Inuit, home to the caribou and polar bear, is simply fascinating. The northernmost region of Quebec – bound by Hudson Bay to the west, by Hudson Strait to the north, by Ungava

Bay and Labrador to the east– spans no less than 507,000 km². The wildlife, the climate, the scenery, the way of life of its people: everything here bears the mark of the Arctic. It is the true Far North, with igloos and temperatures diving below -30 degrees in winter, just as imagined. But it is also the land of unforgettable trips. From great outdoor adventures to unique cultural exchanges, the North will amaze you!

HEADING TO THE FAR NORTH!

Roads and railways won't get you there. As Nunavik lies 1,500 km north of Montreal, the only way of getting



© Miroslav Chum

Tupik: Inuit tent.

Useful links

- Nunavik Tourism: www.nunavik-tourism.com
- Air Inuit: www.airinuit.com
- First Air: www.firstair.ca
- Nunavik Parks: www.nunavikparks.ca
- Inuit Adventures: www.inuitadventures.com

there is to fly. It is also by plane that people hop from one village to another, although not so long ago, travel between Inuit communities (sometimes more than 150 km apart) was done by dogsled. A Montreal-Kuujuaq flight takes about 2 hours, but you will fly for around 4 to 6 hours to reach Puvirnituq from Quebec's metropolis. The two airlines connecting Nunavik on a daily basis are **First Air** and **Air Inuit** – both Inuit-owned. The trip's average cost should not be overlooked, given the region's remote location and the distances involved. It is also necessary to be prepared well in advance, whatever the season. Overall, our advice is to contact local operators to plan your trip. **Nunavik Parks**, outfitters and Inuit adventure operators – such as **Inuit Adventures** offering authentic experiences– are a good place to start. Thanks to their knowledge of the field, you are sure to have a successful and thrilling trip in all comfort and safety. You will be able to share unique moments with the Inuit people and make memories of the North that will last a lifetime...

See pages 02 and 03 for a map of the region and useful addresses.



© Pierre Dumignani

View from the Kangiqsuajuaq Co-op Hotel.



© Isabelle Dubois

Room at the Kuujuaq Inn.

Lodging beyond the clichés

In Nunavik, while it is possible to live extreme adventures off the beaten path like spending the night in an igloo, trekking in the Arctic tundra or even tasting raw caribou meat, you won't necessarily have to give up your comfort. Much on the contrary: the hotels in the different communities offer world-class amenities with private bathrooms, modern equipment, wireless Internet access, a shared kitchen and lounge. And as a bonus, you'll enjoy an amazing view of the tundra or sea ice!



An age-old culture, a warm welcome

MEET THE INUIT!

For millennia, Inuit have roamed these lands. They are key to exploring and understanding Nunavik. If discovering their culture and way of life is a journey in itself, being welcomed by the smile of this extraordinarily resilient people will transport you even further...



© Isabelle Dubois

A baby kept warm in the amautik (women's parka).



© Heiko Wittenborn

Inuk child.



© Isabelle Dubois

Cloudberry (aqpiq) harvest.



© Isabelle Dubois

Throat singing.

Mesmerizing throat songs

Performed by Inuit women, throat singing –katatjaq in Inuktitut– mimics the sounds of nature, birds and animals through a surprising vocal technique. Originally, it was a game between two women standing opposite each other. The one who laughed first lost! Today, the tradition still lives on and these fascinating duets make for memorable evenings.



Sculpture by
Lucassie Echalook.

© Art Nunavik - FCNQ



© Avatiq

Inuit community of Ivujivik formerly composed of igloos.



© Heiko Wittenborn

Carver working on soapstone (steatite)

Nunavik cannot be truly explored without the Inuit, whose identity runs deep within the Arctic tundra itself. The Inuit are not only your best guides on these vast untamed lands but also the only ones who give meaning to this majestic wilderness. Archaeologists are still tracing the history of human occupation of the Nunavik coasts. According to their findings, the region has been inhabited for over 4,000 years by successive migration waves from Alaska and the Eastern Arctic, but the origins of the modern Inuit lie in the Thule culture, which can be traced back to 1000 AD in the north of Western Canada. The long history of these nomadic peoples, whose way of

INUIT ARE HAPPY AND HONoured TO SHARE THEIR UNIQUE HERITAGE

life was closely linked to caribou migrations, took a new turn with the arrival of the Europeans and the development of trading posts in the 18th century. However, some regions remained isolated from any contact until the early 20th century. This explains in part why traditional Inuit culture and the Inuktitut language, with its various dialects still in use, have been well preserved.



© Jyrese Lefebvre

Ice fishing.



© Isabelle Dubois

Kuujuaq Northern Village.

Cultural insights at the heart of the adventure

Far from overlooking the cultural experience, **Nunavik Parks** and other local adventure providers allow for an authentic exchange with the Inuit. The discovery of their traditions is an integral part of the tourism packages. **Inuit Adventures**, for one, offers exceptional packages to visit the Inuit communities of Kuujuaq and Puvirnituq, amongst others, meet locals and share their everyday life. Our favourite: the 4 or 5-day winter packages offered by Inuit Adventures. They include air travel from Montreal to Puvirnituq and/or Kuujuaq, where you will find yourself at the very heart of the Northern life through memorable moments such as dogsledding on the sea ice, out on the tundra or in the boreal forest, an overnight stay under a traditional Inuit tent or in an igloo that you would have built yourself with the help of your hosts, all beneath the dazzling dance of the Northern lights (see page 13). Truly unforgettable!

- Inuit Adventures: inuitadventures.com
- Nunavik Parks: nunavikparks.ca

A VIBRANT PEOPLE WITH STRONG ROOTS

Shaped over the centuries by the uncompromising laws of nature, made even more merciless by the Arctic's harsh climate, the culture and way of life of the Inuit are guided by strong ancestral traditions. Discovering this rich legacy is both a fascinating journey in space and time and a true human adventure, often translating into friendship. Proud of their unique heritage passed down by their elders, the Inuit are happy and honoured to share it with visitors. What's most striking? Without doubt, the authenticity. For the Inuit, it is not about impressing visitors with a folklore replica of the past, but about sharing knowledge and wisdom that is truly timeless. One of the best



© Heiko Wittemborn

Igloo building.



© Isabelle Dubois

Inuit dogsled team.

illustrations is the vitality of Inuit art, crafts and creations. A number of present-day artists and clothing designers who use ancestral techniques and natural materials (minerals, bones and animal skins), sometimes mixed with more modern materials, have their works displayed in museums, galleries and shops around the world. Another example is the ancient art of throat singing (read sidebar on page 9), which Inuit women have kept alive and well through their energy, dedication and talent.

ONCE IN A LIFETIME EXPERIENCES!

Altogether, the packages offered and the adventures one can experience with the Inuit are always culturally



© Tourisme Nunavik

Igloo under the Northern lights.

rich and profound, not only because they often include a visit to one or a few communities (read sidebar on page 10), but also because the land, nature and wildlife of Nunavik cannot be truly explored without the exceptional expertise of the Inuit themselves. For example, they will tell you the deeper meaning behind the huge stone structures standing against the Arctic horizon like immortal sentries watching centuries pass by. Known as *inuksuit* (the plural of *inuksuk*), they served as landmarks to indicate a path, a direction, a food cache or a caribou crossing point... Like the *inuksuit*, Inuit will guide you through the vast tundra. Sometimes, without even knowing,



© Isabelle Dubois

Ivakkak Dogsled Race.



© Isabelle Dubois

Puvirnituq Snow Festival.

Celebrating winter

The Inuit embrace the cold and even celebrate it! Indeed, two big winter events highlighting Inuit culture mark the Nunavik calendar. Each year in March, traditional dogsled teams from different communities compete in the great **Ivakkak** dogsled race: an impressive competition that honours tradition and is filled with festive moments! Also in March, every other year, Puvirnituq becomes the epicenter of attention with its famous **Snow Festival**. The whole of Nunavik comes together to take part in various games and competitions that put to the test the participants' mastery of ancestral skills, such as igloo-building, not to mention the exciting snow and ice sculpture competition. Inuit delicacies, music and dance are other highlights of the festivities, which span over an entire week.

- Ivakkak Dogsled Race: ivakkak.com
- Puvirnituq Snow Festival: soleica.ca/snowfestival

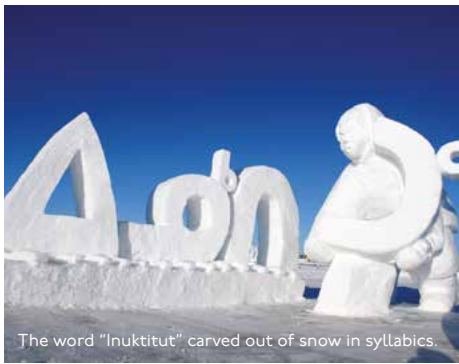
you can find yourself at the heart of Inuit traditions! This is the case when you go kayaking or travel across the wide-open spaces by dogsled. Or when you are trying your hand at ice fishing or building your own igloo. So many activities that you will enjoy so much so that they are an inherent part of the way of life and survival of the peoples of the Far North. The adventure takes on true meaning. And to top it all: the smile and *joie de vivre* of the Inuit! ■

See pages 02 and 03 for a map of the region and useful addresses.



Inuit Elders.

© Outpost Magazine



The word "Inuktitut" carved out of snow in syllabics.

© Isabelle Dubois

Inuktitut : at the core of Inuit identity

Through listening and observation, you will become acquainted with the language of the Inuit: Inuktitut. Spoken daily by the vast majority of Inuit in Nunavik, Inuktitut uses words that cannot be translated into other languages to describe their environment and way of life. Passed on orally for millennia, Inuktitut acquired a syllabic alphabet in the 19th century. You can read it everywhere in Nunavik (e.g., on road signs together with English and/or French translations). Inuktitut is at the core of Inuit identity; its preservation has deep social implications – like that of many North American Indigenous languages which are in danger of disappearing. Its transmission to the younger generations is crucial; the Inuit of Nunavik have understood this and have made Inuktitut the primary language of instruction in schools, from kindergarten through grade three. Protecting and promoting the language and culture of Inuit in Nunavik is the mission statement of the Avataq Cultural Institute.

Let's talk!

Although most Inuit –except children and elders– speak English and some even French, throwing in a few expressions in Inuktitut, like the following, will certainly be appreciated by your hosts... and very useful!

English	Inuktitut
Hello	Ai (ay)
Goodbye	Atsunai (at-soo-nay)
Thank you	Nakurmiik (na-koor-meek)
You're welcome	Ilaali (i-lah-lee)
Yes	Aa (a-ah)
No	Auka (ow-kah)
I don't know	Aatsu (at-soo)
How are you?	Qanuikkit? (ha-noo-ek-kit?)
I'm fine	Qanuingnitunga (ha-noo-ing-i-toong-ah)
What's your name?	Kinauvit? (ki-now-veet?)
I want to take your picture	Atjiliurumavagit (at-gee-leeoo-roo-ma-va-git)
I'm hungry	Kaattunga (cat-toong-ah)
It tastes good	Mamartuq (mah-mar-took)
I'm cold	Qiujavunga (hew-ya-voong-ah)
It's cold!	likkii (eek-kee!)
I'm not feeling well	Qanimavunga (hah-nee-ma-voong-ah)
Help!	Ikajurtau! (ee-kah-your-tow!)
What is this?	Sunaunaa? (soo-now-nah?)
How much does it cost?	Qatsirartuq? (hat-see-rar-took?)
What time is it?	Qatsingurqaa? (hat-sing-oork-rah?)
Where's the hotel?	Sinittavili? (see-neet-tah-vee-lee?)
Where's the store?	Niu-vir-nia-vi-li? (new-veer-neeah-vee-lee?)

Under the heavenly lights

Mysterious, enchanting, magical Northern lights! This celestial demonstration, which is called "arsaniit" by the Inuit, lights up the Arctic night sky from September to March and sometimes even beyond. It can last from a few seconds to almost an hour and can be seen in a variety of shapes and colours. You will hear many Inuit legends about the Northern lights, some of them terrifying, to make sure children do not stay out late at night... From the scientific perspective, we owe this phenomenon to solar particles that get "trapped" by the Earth's magnetic field over the polar regions. Wherever you are in Nunavik, depending on the solar activity at the time, all it takes is a little luck and a clear sky for you to see the Northern lights in action. They are so amazing that they are worth the trip just on their own. **Inuit Adventures** offers a package from mid-September to mid-April featuring the Northern lights, combined with other discovery activities by day. Over a four-day weekend, Kuujjuaq becomes your theater and its starry sky sets the stage for a show that's out of this world.

• **Inuit Adventures:** inuitadventures.com



© Steve Deschênes

Inuit tent or tupik under the Northern lights.



Polar bear.

© Heiko Wittenborn



© Heiko Wittenborn

Migratory caribou.



© Isabelle Dubois

Musk-ox



© Heiko Wittenborn

Arctic wolf.



© Heiko Wittenborn

Rough-legged hawk.

Front-row tickets to a wild world

THE INCREDIBLE WILDLIFE OF NUNAVIK

Nunavik is home to bigger-than-life fauna with remarkable specimens like the polar bear, the caribou and the musk-ox, to name just a few, making it a unique destination for Arctic wildlife observation and photography. Grab your binoculars and camera!

A giant amongst Quebec's regions, Nunavik offers a wide range of landscapes where pristine nature reigns supreme: the Arctic tundra, boreal forests, mountains, glaciers, icy seas and an abundance of crystal-clear lakes and untamed rivers. These extraordinary habitats host tenants that are just as exceptional. Be it marine, aquatic, terrestrial or avian, the Far North's wildlife has held humans spellbound since time immemorial. Come to think of it, caribou and seals have for long been the very reason of the region's occupation by humans. These two animals alone not only guaranteed the livelihood of the Inuit but also deeply influenced their way of life. Nowadays, visitors are privy to observe Nunavik's most emblematic creatures in their natural element: the polar bear, the musk-ox, the caribou and

DISCOVERING NUNAVIK'S WILDLIFE IS A JOURNEY INTO CONSTANT AMAZEMENT

the Arctic wolf, of course, but also a variety of marine mammals –whales, seals, walrus and belugas in the lead–, an abundance of wild fish that make for exceptional fishing trips (see page 18), an array of migratory birds and birds of prey, as well as smaller but hardy land-based animals such as the Arctic fox and hare. Everywhere you look, you'll find amazing wildlife. But do you know which is the hungriest predator of them all? Without doubt, your camera!



Musk-oxen, straight out of Ice Age.

© Heiko Wittenborn



A Canadian icon, the caribou has panache.

© Heiko Wittenborn



The polar bear, a fierce fisher.

© Fabrice Simon

BIG OR SMALL, ARCTIC ANIMALS ARE FASCINATING IN THEIR ADAPTATION TO EXTREME CLIMES

The musk-ox (*umimmaq*, or the bearded one) not only looks like an animal from prehistoric times, it once wandered the tundra alongside the woolly mammoth! Originally from the steppes of northern Asia where they used to roam a million years ago, they reached North America via the Bering Strait more than 90,000 years ago but were reintroduced in Nunavik much more recently in the 20th century. The Arctic tundra seems to suit them perfectly as there are now no less than 2000 of them in the region.



© Heiko Wittenborn

Thick-billed murrelets.



© Hooké

Inuk guide on the lookout.



© Heiko Wittenborn

Bearded seal.



© Hans G. Pfaff

A walrus colony.



© Allen Gordon

Arctic hare.



© Isabelle Dubois

Red fox.



© Heiko Wittenborn

Ptarmigan.

ENCOUNTERS WITH THE ARCTIC WILDLIFE

In Nunavik, while it is always possible to incidentally see a representative of the mythical Arctic wildlife during an excursion, in a national park for example, it should be noted that many packages dedicated to observing and photographing these animals are offered by different local operators (see opposite sidebar). In summer, in winter or amidst the magic of autumn colours that transform the tundra, exclusive encounters with the Arctic wildlife await. Through the expertise of seasoned Inuit guides, you will be able to take exceptional pictures in complete safety, right on the doorstep of wilderness. You won't find better seats for this unparalleled experience!

See pages 02 and 03 for a map of the region and useful addresses.

Wildlife observation packages for every taste

Below are some examples of Arctic wildlife observation packages offered by adventure tourism operators in Nunavik.

- **With Inuit Adventures**
"Arctic wildlife" or "Big Three" package (summer): a 7-day adventure in search of polar bears, caribou and musk-oxen including outboard canoe trips along the west coast of the Ungava Bay.
www.inuitaventures.com

AIR SAFARIS
(with possibility of a bivouac)
- Polar bears, black bears, Torngat mountains, fjords and icebergs.

- **With Golden Peninsula Tours**
www.goldenpeninsulatours.com
- **With Rapid Lake Lodge**
www.rapidlake.com

- **With Inukshuk Lodge**
Wildlife photography workshop
www.inukshuklodge.com





© Fly Rod Chronicle

AN ANGLER'S DREAM NUNAVIK'S WATERS

Many anglers consider Nunavik to be one of the most beautiful destinations in the world to indulge in their passion. It comes as no surprise: with plenty of water everywhere, this vast land is the perfect playground for anglers thirsty for adventure!

The Far North indeed offers some valuable advantages: an array of beautiful and wild landscapes, numerous packages offered by outfitters and the know-how of Inuit fishing guides. But above all, anglers love the pristine waters

that teem with fish. Nunavik's countless lakes, untamed rivers and coastal waters are home to large fish populations: a well-preserved resource compared to other major popular fishing destinations. Don't forget your flies and hooks...

You're in for a big catch! From June to September, the most seasoned anglers can expect to face particularly combative species such as the coveted Arctic char, the prized Atlantic salmon, brook trout or sea-run trout. As for the lake trout, it will delight anglers, as it has plenty of room and time to reach great sizes. To lure you out a little: one specimen caught in Nunavik weighed in over 21 kg (or over 45 lbs)! Discover these four stars thriving in northern waters.

FOR MORE INFOS ON PACKAGES OFFERED BY OUTFITTERS:
www.nunavik-tourism.com



© Thomas Wocellie

River fly fishing.



© Hooké

Pitsik or the art of drying fish.



© Heiko Wittenborn

Atlantic salmon, a prized trophy for sport anglers.



© Hooké - Stuart Davis

ARCTIC CHAR

- **Other names:** sea trout, iqaluppiq (in Inuktitut).
- **Did you know?** This fish can be found only in Nunavik where its flesh is highly valued. Its fighting spirit, which rivals that of the Atlantic salmon, is sure to give an adrenaline rush to fly anglers.



© Isabelle Dubois

ATLANTIC SALMON

- **Other name:** sama (in Inuktitut).
- **Did you know?** Propelled by its legendary vitality, this fish can jump water obstacles as high as 3 meters to return to spawning grounds. Sama is a worthy challenge for any angler!



© Heiko Wittenborn

BROOK TROUT

- **Other names:** brook char, speckled trout, aanak (in Inuktitut).
- **Did you know?** Extremely voracious and found across Nunavik (except at higher altitudes), brook trout is a prized catch for sport anglers. The anadromous populations of this fish, known as sea-run trout, move with the tide in summer to salt water estuaries.



© Heiko Wittenborn

LAKE TROUT

- **Other names:** lake char, grey trout, isiuralittaak (in Inuktitut)
- **Did you know?** Found in many lakes and rivers, lake trout can reach impressive size and weight, making it every angler's dream. Inuit use the traditional technique of ice fishing to catch it in winter and in spring.



The Pinguait Crater.

© Heiko Wittenborn

Nature in all its glory

EXPLORE NUNAVIK'S NATIONAL PARKS

Located respectively in the east, west and north of this vast land, Nunavik's three national parks are a must-visit for anyone who wants to experience the sheer scale of the region and take in the beauty it has to offer. Indeed, Nunavik parks are host to some of nature's most precious gems!

Some of the most spectacular landscapes of Quebec's Far North can be found here. You can also get to know the parks' Inuit host communities and participate in various cultural activities. When it comes to having fun in the great outdoors, the playground is unlimited and the experiences offered are multiple: hiking, sea kayaking, river rafting, wildlife observation, fishing, dogsledding, alpine snowshoeing, nordic skiing, paraskiing (snow-kiting) and even fat biking are activities

proposed by all the parks. While most of these activities can be enjoyed independently, the ideal approach is to take advantage of the all-inclusive packages offered by **Nunavik Parks**. Not only do they include transportation from Montréal, but also meals and accommodation. Integrating both outdoor adventure and cultural discovery. These packages have been designed to offer the most complete and authentic experience possible accompanied by Inuit guides.



© Neil S. Price

Summer hike at the Pinguait National Park.



© Gilles Bourin

The Pinguait crater in winter.



© François Carrier

Paraskiing (snow kiting) on the highlands of the Pinguait National Park.

PINGUALUIT NATIONAL PARK AN OUTLANDISH CRATER

Set in the heart of the Ungava Peninsula, Pinguait National Park is famous for the huge meteoritic crater it shelters. Inside the crater walls is Pinguait Lake, which fascinates visitors with its exceptionally clear blue waters, and which, when seen from above, resembles a gleaming crystal eye. The surrounding landscapes of the Arctic tundra highlands add to the unique decor, conveying an almost lunar appearance. With its "Trekking at the crater" package, Pinguait National Park invites you on a 9-day summer adventure including the discovery of the northern village of Kangiqsujuaq, several spectacular hikes around the crater and following the Puvirnituk River canyon. In April, you can enjoy an off-the-beaten-path winter escape: discovery of the crater and its lake, as well as the Manarsurlik Lake —perfect for paraskiing, the valley of the Puvirnituk River and the vertiginous Ippijuaq canyon, accessible only in winter. Also lasting 9 days, this



© Heiko Wittenborn

Puvirnituk River valley.

winter package includes a variety of northern adventures. You will get a taste of backcountry skiing, alpine snowshoeing on the tundra, snowmobiling as a mean of faster transport and dogsledding for the sheer pleasure!

For more info: www.nunavikparks.ca/en/parks/pinguait



© Brian Friedrich

Torngat Mountains as seen from the Kuururjuaq National Park.

Air safaris

Some outfitters offer packages that include a seaplane or helicopter flyover the Torngat Mountains, the Koroc River valley and spectacular fjords where you can spot gigantic icebergs and some specimens of the Arctic wildlife. From above, as much as on land, you'll be able to discover the splendours of the Kuururjuaq National Park.



Air safari.

© Rapid Lake Lodge



Koroc River valley of the Kuururjuaq National Park in winter.

© Ulysse Lefebvre



Iceberg.

© Isabelle Dubois



Fat biking in the middle of winter.

© Françoise Carrier



Rafting on the Koroc River.

© Guillaume Lafleur

Golden Peninsula Tours
www.goldenpeninsula.com

Rapid Lake Lodge
www.rapidlake.com

KUURURJUAQ NATIONAL PARK REACH FOR THE SKY

Panoramic views and intense emotions guaranteed from Ungava Bay all the way to the peak of Mount D'Iberville (1646 metres), the roof of Quebec. Capped by the Torngat Mountains –the largest mountain range in North America east of the Rockies– Kuururjuaq National Park offers breathtaking landscapes while the vigorous Koroc River, which has its source at the Labrador border, invites you to enjoy refreshing white water adventures. This larger-than-life territory Inuit have travelled for thousands of years is rich in sites of archaeological and cultural interest. The discovery of the welcoming Inuit community of Kangiqsualujuaq, for example, is part of

the packages offered by **Nunavik Parks**. In summer, they will take you trekking in the Torngat Mountains (with a panoramic flight to the head of the Koroc River, the starting point of the trek), on Mount D'Iberville, the highest peak of Quebec, or on a white water expedition down the Koroc River to Korluktok Falls, after hiking through the mountains and tundra surrounding Mount D'Iberville. Apart from these three great outdoor adventures, there is a winter package (in March and April) that includes meeting the Inuit in the Koroc River valley: 9 days of discoveries and authentic exchanges with the people of the Far North!

For more info:
www.nunavikparks.ca/en/parks/kuururjuaq



© Steve Deschênes

The Hudson cuestas of the Tursujuq National Park.



© Michel Harco-Morissette

Snowmobiles in the Tursujuq National Park.



© Heiko Wittenborn

The latest addition to Nunavik's national parks

A fourth park! Ulittaniujalik National Park will soon also offer a myriad of outdoor activities –including canoe-camping adventures–, wildlife observation and cultural discoveries. The vast plateau of the George River, the Ford River and Mount Pyramid, which caps the horizon of this new setting, are the natural wonders protected by this fourth member of the Nunavik Parks network. This latest addition is doing pretty well considering its 5293 km², which make it the second largest national park in Quebec, after Tursujuq.



© Steve Deschênes

Near the Nastapoka Falls.



Landscapes transformed in winter.

© Michel Harco-Morissette

TURSUJUQ NATIONAL PARK THE REMARKABLE GIANT

Covering 26,107 km² –three times the size of Corsica and practically the size of Belgium– Tursujuq National Park is simply the largest of its kind in Quebec. Stretching out to the east coast of Hudson Bay, just outside the Inuit community of Umiujaq, the territory that it protects, home to a population of fresh water seals and a favourite of beluga whales, is marked by impressive landscapes –the famous Hudson cuestas, Tasiujaq Lake (formerly known as Richmond Gulf) and the double meteor impact crater known to the Cree as Wiyâshâkimî Lake, but also as Clearwater Lake, the second largest lake in Quebec– and the history of humans. An ancient crossroad, this

territory still bears remnants of human occupation dating back more than 3000 years and of trading posts formerly visited by the Inuit and the Cree. These treasures are explored during a summer package, which blends sea kayaking and hiking with an outboard canoe tour on Hudson Bay down to Nastapoka Falls and cultural activities to experience in nearby Umiujaq. Rediscover the sites transformed in winter, as part of a journey that includes backcountry skiing, snowshoeing and snowmobiling. A taste of nomadic life amidst exceptional landscapes!

For more info: www.nunavikparks.ca/en/parks/tursujuq

Find the national parks on the map of the region along with useful addresses on pages 02 and 03.

